

*Your life cannot be any different than your self-concept*

"If a man's concept of himself were different, everything in his world would be different. His concept of himself being what it is, everything in his world must be as it is."

The circumstances of your life are a reflection of who you think you are—of what you tell yourself you can or can't do.

"Your concept of yourself is all that you accept and consent as true" even if all you accept and consent as true is dead wrong!

I've seen severely overweight people lose a hundred pounds of fat without losing their "fat self-concept," and gain it all back. I know people who were programmed to just get by financially, by growing up in families that struggled to pay the bills. Buried beneath their dreams of abundance were the bones of a "just get by" self-concept. The result:

*Their financial self-concept being what it is, everything in their financial world must be as it is.* The same goes with

A handwritten signature in black ink, appearing to read 'J. Brandmeier', with a long horizontal line extending to the right.

every area of life

Jimmy Brandmeier: Excerpt from *Be Who You Are, A Song For My Children*